

Amplify Your Board's EQ for Maximum Organizational Gain "EQ Success Strategies"

EQ Good Performance Assurance Kit (suggested by Daniel Goleman)

1. _____ You must **want** to improve in this area. Think of the benefits if you do.
2. _____ Continual – repetition is essential.
3. _____ Use in everyday settings and situations. 3-6 months to proficiency
4. _____ Hold someone in your mind who exemplifies high EQ.



EQ Poor Performance Repair Kit

A is for _____

B is for _____

C is for _____

EQ Feedback Kit

Delivery

1. What do I wish to _____?
 - What behavior/action/mindset is the desired outcome?
2. Will my message accomplish the _____?
 - How do I frame my content? What verbiage do I use?
3. Will there be collateral _____ or collateral _____?
4. *Deliver feedback with proper tone, facial expression & body language. (*if msg passes 1-3)

Receipt

1. _____ Up
 - Tune in your ears to hear.
 - Tune in your mind to understand.
2. Save Applause for the _____
 - Listen to the WHOLE message before replying.
 - Let your reply be one of "applause".
3. _____ on It
 - Keep your mouth closed & your heart open for 24 hrs.
 - Rest in love and acceptance.
 - Move forward in peace.

