## What each STYLE brings to the table

Α	Blue	Process	<ul> <li>Sensitivity</li> <li>Attention to process</li> <li>Inclusive</li> <li>Build consensus</li> <li>Inquiry skills</li> </ul>	
В	Yellow	<ul> <li>Focused</li> <li>Get job done</li> <li>Organized</li> <li>Keep Timelines</li> <li>Discipline</li> </ul>		
C	Green	Thoroughness	<ul> <li>Slowsthingsdown</li> <li>Protects from mistakes</li> <li>Wealth of data</li> </ul>	
D	Orange	Vision	<ul> <li>Create hope</li> <li>High creativity</li> <li>Humor</li> <li>Think outside of the box</li> <li>See big picture</li> </ul>	

## **Working Styles**

HIGH RESPONSIVENESS						
Blue Style	Orange Style					
Slow at taking action and making decisions	Spontaneous actions and decisions					
Likes close personal relationships	Likes involvement					
Dislikes interpersonal conflict	Dislikes being alone					
Supports and "actively" listens to others	Exaggerates and generalizes					
Weak at goal setting and self-direction	Tends to dream and gets others caught up in the dream					
Has excellent ability to gain support from others	Jumps from one activity to another					
Works slowly and cohesively with others	Works quickly and excitingly with others					
Seeks security and belongingness	Seeks esteem and belongingness					
Good counseling skills	Good persuasive skills					
LOW ASSERTIVENESS	► HIGH ASSERTIVENESS					
Green Style	Yellow Style					
Cautious actions and decisions	Firm actions and decisions					
Likes organization and structure	Likes control					
Dislikes involvement with others	Dislikes inaction					
	Dislikes inaction					
Asksmanyquestionsaboutspecific details	Dislikes inaction Prefers maximum freedom to manage self and others					
Asks many questions about specific details Prefers objective, tasks-oriented work envi- ronment	Prefers maximum freedom to manage					
Prefers objective, tasks-oriented work envi-	Prefers maximum freedom to manage self and others					
Prefers objective, tasks-oriented work envi- ronment Wants to be right and therefore relies	Prefers maximum freedom to manage self and others Cool independent, competitive with others Low tolerance for feelings, attitudes, and					
Prefers objective, tasks-oriented work envi- ronment Wants to be right and therefore relies too much on data collection	Prefers maximum freedom to manage self and others Cool independent, competitive with others Low tolerance for feelings, attitudes, and advice of others					
Prefers objective, tasks-oriented work envi- ronment Wants to be right and therefore relies too much on data collection Works slowly and precisely, alone	Prefers maximum freedom to manage self and others Cool independent, competitive with others Low tolerance for feelings, attitudes, and advice of others Works quickly and impressively by self					

#### BLUE

I need to feel unique and authentic Enthusiastic, Sympathetic, Personal I look for meaning and significance in life Warm, Communicative, Compassionate I need to contribute, to encourage, and to care Idealistic, Spiritual, Sincere I value integrity and unity in relationships Peaceful, Flexible, Imaginative I am a natural romantic, a poet, a nurturer

**AT WORK**, I have a strong desire to influence others so they may lead more significant lives. I often work in the arts, communications, education, and helping professions. I am adept at motivat- ing and interacting with others.

**IN LOVE**, I seek harmonious relationships. I am a true romantic and believe in the perfect love that lasts forever. I bring drama, warmth, and empathy to all relationships. I enjoy the symbols of romance such as flowers, candlelight, and music and cherish the smallgestures of love.

IN CHILDHOOD, I was extremely imaginative and found it difficult to fit into the structure of school life. I reacted with great sensitivity to discordance or rejection and sought recognition.I responded to encouragement rather than to competition.

Blue relates well to Orange, but is opposite of Green.

### GREEN

I seek knowledge and understanding Analytical, Global, Conceptual I live life by my own standards Cool, Calm, Collected I need explanations and answers Inventive, Logical, Perfectionist I value intelligence, insight, fairness, and justice Abstract, Hypothetical, Investigative I am a natural non-conformist, a visionary

**AT WORK**, I am conceptual and an independent thinker. For me, work is play. I am drawn to constant challenge in careers, and like to develop models, explore ideas, or build systems to satisfy my need to deal with the innovative. Once I have perfected an idea, I prefer to move on, leaving the project to be maintained and supported by others.

**IN LOVE**, I prefer to let my head rule my heart. I dislike repetition, so it is difficult for me to continuously express feelings. I believe that once feelings are stated, they are obvious to a partner. I am uneasy when my emotions control me; I want to establish a relationship, leave it to maintain itself, and turn my energies back to my career.

**IN CHILDHOOD**, I appeared to be older than my years and focused on my greatest interest, achieving in subjects that were men- tally stimulating. I was impatient with drills and routine, ques- tioned authority, and found it necessary to respect teachers before I could learn from them.

*Green relates well with Yellow, but is opposite of Blue.* Timi C. Tullis ~ Association of Alaska School Boards ~

### ORANGE

I act on a moments notice Witty, Charming, Spontaneous I consider life as a game, here and now Impulsive, Generous, Impactful I need fun, variety, stimulation & excitement Optimistic, Eager, Bold I value skill, resourcefulness, and courage Physical, Immediate, Fraternal I am a natural troubleshooter, a competitor

**AT WORK**, I am bored and restless with jobs that are routine and structured. I am satisfied in careers that allow me independence and freedom, while utilizing my physical coordination and my love of tools. I view any kind of tool as an extension of myself. I am a natural performer.

**IN LOVE**, I seek a relationship with shared activities and interests. With my mate, I like to explore new ways to energize the relationship. As a lover, I need to be bold and I thrive on physical contact. I enjoy giving extravagant gifts that bring pleasure to my loved one.

**IN CHILDHOOD**, of all types of children, I had the most difficult time fitting into academic routine. I learn by doing and experienc- ing, rather than by listening and reading. I need physical involve- ment in the learning process and am motivated by my own natural competitive nature and sense of fun.

Orangerelates well to Blue, but is opposite of Yellow.

#### **YELLOW**

I need to follow rules and respect authority Loyal, Dependable, Prepared I have a strong sense of what is right and wrong Thorough, Sensible, Punctual I need to be useful and to belong Faithful, Stable, Organized I value home, family and tradition Caring, Concerned, Concrete I am a natural preserver, a parent, a helper

**ATWORK**, I provide stability and can maintain organization. My ability to handle details and to work hard make me the backbone of many organizations. I believe that work comes before play, even if I must work overtime to complete the job.

**IN LOVE**, I am serious and tend to have traditional, conservative views of both love and marriage. I want a mate who can work along with me, building a secure, predictable life together. I demonstrate love and affection through the practical things I do for my loved ones.

**IN CHILDHOOD**, I wanted to follow the rules and regulations of the school. I understood and respected authority and was comfortable with academic routine. I was the easiest of all types of children to adapt to the education system.

YellowrelateswelltoGreen, but is opposite of Orange.

# **To Help with Communication**

With Blue colleagues	With Yellow colleagues		
<ul> <li>Spend time alone with them</li> <li>Try not to hurt their feelings</li> <li>Share your feelings openly with them</li> <li>Respect their feelings</li> <li>Try to contribute to group work if they ask</li> <li>Be sincere and truthful</li> <li>Show respect for their ideas</li> <li>Invite them to social gatherings</li> </ul>	<ul> <li>Be on time</li> <li>Be well-organized and willing to do extra planning</li> <li>Do what you say you will do</li> <li>Remember 'special' moments and events</li> <li>Be dependable</li> <li>Return things you borrowed</li> <li>Payattention to detail</li> <li>Listen quietly and pay attention when they talk</li> <li>Follow their directions</li> </ul>		
With Green colleagues	<ul> <li>Follow their directions</li> <li>Be loval</li> <li>With Orange colleagues</li> </ul>		
<ul> <li>Be patient with their questions</li> <li>Respect their need for time alone</li> <li>Help them with day-to-day details</li> <li>Know they care, even if they don't 'show' it</li> <li>Respect their creativity and intelligence</li> <li>Be open to trying their ideas</li> <li>Ask questions, they like that</li> <li>Respect their wisdom and knowledge</li> <li>Give them the "BIG" picture when you have a problem</li> </ul>	<ul> <li>Have fun with them, joke</li> <li>Remember they like to compete, it isn't youit's competition</li> <li>Realize their stress comes from a lack of excitement</li> <li>Be energetic, adventurous and optimis- tic</li> <li>Appreciate their generosity</li> <li>Solve problems and move on quickly</li> <li>Be actively involved, don't 'check out'</li> <li>Expect to have fun</li> <li>Enjoy their sense of humor, laugh</li> <li>Appreciate their impulsiveness and unstructured style</li> </ul>		

# **To Help with Communication**

AREA OF LIFE	BLUE	GREEN	YELLOW	ORANGE
Core need	Self- actualization	Competency	Socialbelonging	Freedom
Overall mood	Enthusiasm	Cool,calm, collected	Concerned	Excitable
Trust	Imagination	Logic, consistency	Authority	Chance
Pride	Empathy	Competence	Dependability	Impact
In management	The catalyst	The visionary	The traditionalist	The troubleshooter
Perception	Significance	Categorical	Discrepancy	Harmonics
Support, foster	Growth	Invention	Institutions	Recreation
Virtue	Loyalty	Strength, determination	Generosity	Courage
Stressed by	Feelingartificial	Inadequate	Rejection	Restrictions, rigidity
Strives for, seeks	Love	Insight	Jurisdiction	Freedom
At work	A catalyst	Pragmatic	Procedural	Varied
Esteemed by	Helping people	Findinginsights	Being of service	Being resourceful
Wants to be appreciated	Unique contributions	Their ideas	Accuracy, thoroughness	Cleverness